



2023年11月協會財政報告

10月結存	£ 40,084.65
11月收入	£ 1,166.40
11月支出	£ 2,848.44
11月結存	£ 38,402.61

蘇豪關懷癌症月會(MCSG Soho)

每月第二週六上午 11AM-1PM 倫敦中華基督教會蘇豪福音堂地庫

Soho Outreach Centre (SOC), 166A Shaftesbury Avenue, London, WC2H 8JB

癌友園地

黃偉香

1982年家父離世，翌年我到英國工作，將薪金寄回深圳供養四名弟妹。十年後的一年內，見十名好友先後成家，當年我 27 歲也結婚了。家公愛我如父親，幫手照顧我的大兒子，讓我如常出外工作。只可惜丈夫酗酒、難賭、又玩女人感染了性病，令我一邊的輸卵管發炎。切除潰爛的輸卵管前，我確診懷孕了，醫生認為我再受孕的機會很低，極力主張我保存胎兒。結果細女順產，我卻經常下腹肚痛。醫生認為極可能是胎兒壓迫大腸引致大腸不能正常蠕動，於是處方類似抗癌的藥物給我。我大受打擊，加上產後抑鬱，遂服藥自殺。當日丈夫突然提早回家，發現我不省人事便送我去急症室，隨後我在精神康復院住了一個多月。適逢中國新年，有同鄉姊妹開辦教會。雖然家公無信耶穌，也鼓勵我返教會。我服藥後總是思睡，便參加英文班來提起精神，同學也邀請我返同一間教會。我太麻已經信耶穌，四代都是基督徒。姑媽遠道來訪，也鼓勵我返教會。去到教會崇拜，我常有離開的意念，內心很不舒服，後來決定留下來。某日我聽見有聲音說：「你是基督徒的子孫，我佛教不會救你的。」我在教會中找到了基督徒，此聲音成為我最大的推動力，我自己也很想領聖餐，於是在翌年 1997 年聖誕節受洗。六年後家公去世，我舉目無親，內心和生活上很多掙扎。很多人鼓勵我離婚，但想到一對子女需要一個完整的家，我拒絕離婚念頭。我內心不服氣，祈禱中要求聖靈拿走我，另一方面我祈求耶穌給我年日，讓我照顧一對子女。聖靈回應：「你依靠我我就幫助你。」

我長期服食抑鬱藥和抗癌藥五年後，我常患感冒傷風，身體很虛弱。祈禱後，我決定去醫院覆診時問醫生可否停藥。想不到醫生竟然回答：「早該停藥！服食兩年便夠了！」我突然停藥沒有任何副作用，反而持續幾個月很喜樂，因為有聖靈同在。於是我祈求多幾年生命和工作能力，很想買屋給兒女住。果然十年後，在零八年四月入住自己購置的房屋。當時丈夫的銀行戶口超支 30 千，只能由我去借貸。聖靈告訴我：「要傾出全部積蓄。」當時大兒子剛入大學第一日，他是學跆拳道，舉起木棍對爸爸說：「不准爸爸再欺負媽媽。」同年 11 月，丈夫確診胃癌和喉癌，他的症狀是吞嚥困難和胃痛，是酗酒和徹夜賭博引致的。12 月丈夫接受手術，切除喉癌的腫塊和半個胃。手術醫生事先講清楚：「可能影響聲帶而無法說話。」手術後他說話如常，卻仍然如常地通宵賭錢和不停飲酒。聖靈告訴我：「丈夫有十年生命。」我祈禱後得的

回應：「神存留丈夫就為此刻。」於是我繼續照顧丈夫，聖靈奇妙地幫助我突然不再憎恨他，也不惱怒他。丈夫需要每日服食 3 至 4 種藥物來預防癌症復發，食物不可以硬難咀嚼，因他常有胃痛和胃酸倒流。隨後十年內，我自己供一對子女讀完五、六年大學，每日來往外賣店和家庭照顧丈夫，不欠一分錢，我也奇怪自己有多麼的精力。逢星期日下午我一定返教會崇拜，然後滿心安樂，繼續回外賣店工作。

2018 年 7 月丈夫再次吞嚥困難，舌頭有腫塊，確診另一種癌症：舌癌。當時我已著手賣掉外賣店，他需要電療六個月，到 12 月開始化療。第三次化療後，手指甲和腳甲都脫落，說話不清，非常痛苦。2019 年腫瘤科改用新的免疫治療，果然很好。他的胃口大增，每日三餐，我弄一大碗湯麵給他。但他酒癮很深，無法戒酒，不單飲啤酒還飲威士忌，於是再次喉痛。其實醫生早已說明：「酒精會令癌細胞復活的。」但他中酒精毒太深，也不肯相信耶穌。我的外賣店交易手續非常複雜，前後辦理了三年，終於在二月成功出售。當時丈夫的身體已經非常衰弱，外賣店的售價被減了 10 千，他也甘心出售，而且辦妥一切文件。我非常感恩，見證成功出售是最大的恩典。聖靈再次提醒我：「不用擔心，上帝自有安排。」想不到一個月後，全英國因新冠病毒而封城，我便可以在家全時間照顧丈夫。他每日服食五、六種藥和營養奶，需要服食嗎啡片和嗎啡水來止痛，常流口水。6 月小女兒回家，見爸爸不能進食、思睡、嘔吐物有血絲，看似沒有生存可能，便聯絡醫院。入院後某日，他突然來電話：「我可能活不久了，現在很麻煩...信耶穌，耶穌要我嗎？我需要做甚麼？」我通知教會負責人，她聯絡醫院院牧，在丈夫床邊為他施洗。受洗後他變得非常平靜，且有講有笑，性情變得隨和了，常叫我買食物給護士吃。三週後，身患三種癌症的他安然離世。因為疫情醫院限制探病，但全家人包括子女和新抱都獲准相陪。他前後住院一個月，像十字架旁的那位強盜，最後與耶穌在樂園裏了。正如聖靈告訴我：「丈夫患癌後，他有十年的生命。」因著疫情，火葬要輪候數個月，他的土葬只需兩三週便辦妥了，上帝果然早有安排。我學識不多不懂英文，但喜歡每天讀聖經，大約每年看完全本聖經一次。每逢我聽到聖靈對我說話，內心都是溫暖得安慰的，我所信的耶穌全然真實！

NHS 實現了一萬張**虛擬病床**的目標。目前已有 24 萬多名病人，在虛擬病房接受了治療。研究顯示，在家接受治療，在熟悉的環境中接近家人和朋友，康復速度相比在醫院接受治療的病人相同，甚至更快。這些「**在家醫院**」加快病人的康復，並有助減少輪候名單。

為病人提供的護理，包括驗血、處方或靜脈輸液。作為「查房」的一部分，醫護每天對病人實體或虛擬家訪，使用應用程序、穿戴裝置和其他醫療設備等技術，輕鬆地查看和監察病人的恢復情況。



誠邀出席《關懷癌症月會》MCSG

您，並不孤單！

我們是您抗癌路上的同行者。

歡迎癌症病友、家屬、照顧者和朋友，大家分享近況，互相關懷，祝禱支持。

感謝義工齊心侍奉，出席者預備愛心美食，一同分享分擔，為抗癌勇士打氣！



癌症剝奪我的歲月，
但不能剝奪我的永生。

希望與現實

Joanna Yeung

2023 年 3 月，當中國結束 C-19 旅行限制，我媽媽回廣州探親。她感到不適於是求診，醫生囑咐她儘快回倫敦看醫生，因為 X 光顯示她的四分之一右肺有積水。回到倫敦，她的 GP 快速轉介到醫院進行驗血、PET、MRI、X 光、肺功能、胸腔引流、肺活檢和子宮活檢。兩個月內，肺腫瘤科醫生確診她患有第 4 期肺癌，並處方舒緩性藥物。

上帝的恩典令我早已成為癌症協會的義工，預備我接受媽媽患癌症的消息。當她經歷挫折、恐懼和與癌症作戰時刻，我一直耐心地陪伴她。我見證了上帝如何用這段時間促進我倆的母女關係，並與祂更加親近。作為她的翻譯員，我陪伴她覆診。醫護人員詢問她的病史，我也是近期才知她的過去，而且令我感到不舒服。然而，在這些情況下，我祈求力量與平安，幫助我控制自己的情緒並忍住眼淚。媽媽告訴我她的家人在中國生活困難，她在 20 世紀 60 年代為了脫離共產黨，她游水到香港，從遇溺中獲救。她遇見了我的父親、生下第一個孩子、流產了、前來英國、對父親的去世感到悲痛。經歷這一切，她感覺到她的生命受到上帝的保護和保守——我永遠感激不盡。我被聖靈感動，與媽媽分享耶穌的福音，祂是治療師也是和平之君。我知道耶穌可以幫助她對抗癌症，傳送聖經經文鼓勵她，又祈禱請求耶穌進入她的生活，我媽媽對此表示讚賞。

這證明了上帝有力量軟化媽媽的心。在診斷出癌症之前，我向她分享聖經真理她會懲罰我。現在我在醫院陪伴她，並帶她出去吃飯，媽媽表示感謝。她為自己做的事情道歉，並說這是不公平的。我現在更多與她分享我的生活，並將我讀過的聖經經文，以及我聽過的福音詩歌和講道傳送給她。我必須控制又最難的情緒就是憤怒。我的兄弟姊妹告訴我不與媽媽分享福音，我感到受傷、悲傷和誤解。我學會了寬恕和謙卑自己，保持平靜並堅定信念。我繼續相信並祈禱耶穌拯救媽媽、治癒她和賜她平安。我與身邊的人分享了媽媽的健康情況，請求我的教會、同事、朋友和鄰居祈禱，求上帝憐憫我的家人。同時，我得知兩位朋友的親人確診癌症，我們彼此代禱。

某次覆診，醫護問我對媽媽的診斷有何疑問，我只想感謝他們如此細心地檢查媽媽。我心裡充滿感激之餘，沒有任何疑問。我安心因為知道上帝有我需要的，和想要的所有答案。聖經說：「應當一無掛慮，只要凡事藉著禱告、祈求和感謝，將你們所要的告訴神。神所賜出人意外的平安必在基督耶穌裡保守你們的心懷意念。」（腓 4:6-7）。我知道上帝此時正在努力讓我的家人與祂，和家人彼此之間更加親近，因為在日子無多。我請大家為我、媽媽和家人祈禱。願我們在地上的生活繼續見證耶穌和榮耀祂，直到我們回到天堂，永遠與祂在一起，這就是救恩的希望和現實。

蘇豪月會 9/12/2023 (週六) 11am-1pm

SOC, 166A Shaftsbury Ave, SOC WC2H 8JB

11/11 由於有大戰紀念巡行、反戰示威、Lord Mayor's Day、和地鐵維修工程，癌協決定取消是次月會。

美倫月會 (普通語) 21/12/2023 (週四) 11am-1pm Zoom

19/10 4 人參加，互相支持。



美景月會 (粵語) 26/12 (週二) 2pm-4pm 聖誕期間, 暫停

Maggie Centre, Charing Cross Hospital, W6 8RF

28/11 9 人參加，互相支持。





CACACA November 2023 Finance report

October Balance	£ 40,084.65
November Income	£ 1,166.40
November Expenses	£ 2,848.44
November Balance	£ 38,402.61

Monthly Cancer Support Group (MCSG Soho)

2nd Saturday of each month **11am–1pm**

Soho Outreach Centre (SOC), 166A Shaftesbury Avenue, London, WC2H 8JB

Patient's Story

Wai Wong

In 1982, my father passed away. Next year, I worked in the UK and sent my salary to support my 4 younger siblings in China. 10 years later, my 10 friends got married within 1 year, I also got married at the age of 27. My father-in-law treated me like his daughter taking care of my first son and I worked as usual. Unfortunately, my husband drank, gambled and had affairs that led to an STI, causing my salpingitis. Before the operation, I was confirmed pregnant. The doctor strongly recommended preserving my baby because my chances of conceiving again were low. Finally, my 2nd child was SVD, but I always had lower tummy pain. The doctor said the fetus might have obstructed the bowel movement and prescribed medicine similar to cancer treatment. Feeling devastated and postpartum depression, I attempted suicide by taking medicine. My husband suddenly returned home early, found me unconscious and rushed me to A&E. I spent a month in a psychiatric ward. In the Chinese New Year, some sisters from my hometown started a church. Despite my father-in-law was not a Christian, he encouraged me attending church. I joined English classes to uplift my spirits and the classmates invited me to the same church. My great-grandmother and 4 generations were Christian. My aunt visited from afar encouraged me attending church. When I joined the worship, I often wanted to leave but eventually decided to stay. Once, I heard a voice saying, "You are a descendant of Christians; Buddhism will not save you." This became my greatest motivation to stay and I was baptised on Christmas Day in 1997. 6 years later, my father-in-law passed away, leaving me alone. Many advised me to divorce, but considering my 2 children needed a family, I rejected the idea. I prayed and asked the Holy Spirit to take me away, while also prayed for more years of life to care for my children. The Holy Spirit responded, "If you rely on me, I will help you."

After taking antidepressants and cancer medicine for 5 years, I always caught colds and flu. After praying, I asked the doctor if I could stop the treatment. Surprisingly, the doctor said, "You should have stopped taking them earlier! 2 years is enough!" I stopped all medicine with no side effects. I experienced great joy because of the presence of the Holy Spirit for few months. I prayed for several more years of life and the ability to work to buy a house for my children. 10 years later in April 2008, I moved into my new house. At that time, my husband's bank account was overdrawn by £30,000 and it was me to borrow money from the bank. The Holy Spirit told me, "Be willing to give all your savings." On his first day of uni, my eldest son who was practicing Taekwondo lifted a stick and said, "Dad, you are not allowed to bully Mom anymore." In Dec, my husband was diagnosed with stomach and throat cancer, a result of his alcoholism and late-night gambling. Before the surgery to remove his throat tumour and hemigastrectomy, the doctor had warned that his vocal cord

might be affected. However, he spoke normally after surgery, continuing his gambling and drinking beer and Whisky. Holy Spirit told me, "Your husband has 10 more years of life." Despite the suggestion of divorce, I continued to look after him. Through the Holy Spirit's guidance, I no longer hated or resented him. He took 3 to 4 types of medicines daily to prevent cancer recurrence. He couldn't chew hard food and often had stomach pain and acid reflux. The next 10 years, I supported my children's finance 5 or 6 years of uni, worked at the takeaway shop and take care of my husband. I did not owe a single penny and I marvelled at how much energy I had. I attended church every Sunday afternoon and then worked at the takeaway with a peaceful heart.

In July 2018, my husband had dysphagia again and his tongue had a lump. He was diagnosed with tongue cancer. I had already started the procedure of selling the takeaway. He underwent R/T for 6 months and chemo in Dec. After the 3rd chemo, he had pain, losing fingernails and toenails, and difficulty speaking. In 2019, the oncologist used a new immunotherapy, significantly improving his appetite. However, his excessive drinking persisted causing his throat to hurt again. Doctors had warned that alcohol revived cancer cells but he refused to quit nor believe in Jesus. The process of selling the takeaway shop was complex and had taken 3 years. The price of the takeaway shop was reduced by £10,000 but he agreed and completed all the paperwork. I was grateful and saw the sale as a tremendous blessing. The Holy Spirit reminded me again, "Don't worry; God has His own arrangements." A month later, the entire UK was under lockdown due to C-19, allowing me to care for my husband full-time at home. He took various medicines, nutrition supplements and morphine for pain relief. In June, my daughter returned home and called ambulance for her father's deteriorating condition. He was admitted to hospital and called me one day, saying, "I may not make it. If I believe in Jesus, will Jesus accept me? What should I do?" I informed the church leader, who contacted the hospital chaplain, and he was baptized at his bedside. After baptism, he became remarkably calm, cheerful and kind, often asking me to buy food for the nurses. 3 weeks later, with 3 types of cancer, he peacefully passed away. Due to the pandemic, visitations were restricted for his in-patient for one month. During his last hour, the whole family, 2 children and daughter-in-law were allowed by his bedside. He rested in peace, just as the Holy Spirit had told me: "Your husband has 10 years of life after cancer." Due to the pandemic, cremation would take months, but his burial was arranged within 2-3 weeks, showing God's divine plan. Despite my limited knowledge and lack of English, I read the Bible daily and feel comforted when the Holy Spirit speaks to me. The Jesus I trust is truly real!

NHS delivers 10,000 **virtual ward** beds target for patients treated at home. More than 240,000 patients have now been treated on virtual wards. The research showed people who are treated at home, in a familiar environment with family & friends around, recover at the same rate or faster than those treated in hospital. These **'hospitals at home'** will speed up recovery times for patients and help cut waiting lists.

Patients are provided a range of care, e.g. blood tests, prescription, or administering an IV drip. Patients are reviewed daily with a home or virtual visit as part of the 'ward round', as well as the use of technology like apps, wearables, and other medical devices so staff can easily check in and monitor their recovery.



Monthly Cancer Support Group

MCSG is open to individuals touched by cancers, patients, survivors, family, friends & carers.

We move forward together.

None of us is alone!

Big "thank you" to participations' dedication & wholesome food.

Let us stand together to fight cancer!



***Cancer reduces my years
but cannot reduce my eternal life.***

Hope and Reality

Joanna Yeung

My Mum visited Quanzhou in March 2023 after China ended its C-19 travel restriction. She felt unwell & her doctor asked her to see GP in London ASAP because her X-ray showed pleural effusion in a quarter of her Rt lung. Once she returned to London, her GP made a fast-track referral to the hospital for blood tests, PET, MRI, X-ray, lung function, chest drainage, lung biopsy & womb biopsy. Within 2 months, the lung oncologist confirmed her stage 4 lung cancer & prescribed palliative medicine.

The grace of God & being a CACACA volunteer prepared me to receive the news of my Mum's cancer diagnosis. I stayed present & patient with her as she went through her frustration, fear & fight against cancer. I witnessed how God used this time to bring us closer to each other & to Him. I attended the hospital appointments as her interpreter. The medical staff asked about her medical history I had only recently heard. It was uncomfortable for me. Yet, I prayed for strength & peace in those situations so I could stay in control of my emotions & hold back tears. My Mum told me about her family's difficulties in China & that she was saved from drowning when she swam to HK to leave communism in the 1960s. She met my father, gave birth to her first child, had a miscarriage, left for the UK & grieved over my father's death. Through it all, she sensed that her life was protected & kept by God - I am eternally grateful. I was moved by the Holy Spirit to share the gospel of Jesus with her. He is the Healer & the Prince of peace. I know Jesus can help her battle with cancer. I sent Bible verses as encouragement for her to pray & ask Jesus to enter her life, which my Mum appreciated.

It testifies to the power of God to soften my Mum's heart. Before my Mum has had cancer, she would chastise me for sharing Biblical truth with her. She now would say thank you for the time I spent with her in hospital & taking her out for food. She apologised for the things she did & said that was unfair. I now share my life with her more, & send her Bible verses I read, as well as gospel songs & sermons that I listen to. The most difficult emotion I had to control was anger. My siblings told me not to share the gospel with Mum. I felt hurt, sad & misunderstood. I learned to forgive & humble myself, to stay at peace & stand firm in faith. I continue to believe & pray to Jesus to bring salvation, healing & peace to my Mum. I shared the news of her health with all those around me. I asked my church, my colleagues, my friends & my neighbours to pray that God might have mercy on my family. At the same time, I also found out that two of my friends' loved ones were diagnosed with cancer, & we pray for each other.

Once the nurse & consultant asked if I had any questions about my Mum's diagnosis. I just wanted to thank them for taking such care to examine her. My heart was filled with gratitude without any questions. I know that God has all the answers I need & want, giving me peace of mind. The Bible says 'Do not be anxious about anything, but in everything by prayer & supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts & your minds in Christ Jesus.' (Phil 4:6-7). I know God is working at this time to bring my family closer to Him & each other as there may not be much time on earth left. I ask you all to pray for me, my Mum & my family. May we continue to witness God & honour Him in our lives on earth until we return to Him in heaven for eternity - this is the hope & reality of salvation.

MCSG Soho 9/12/2023 (Sat) 11am-1pm

SOC, 166A Shaftsbury Ave, WC2H 8JB

11/11 Due to the marching, protest, Lord Mayor's Day, & tube maintenance, CACACA cancelled this meeting.

MCSG Macmillan 21/12/2023 (Thurs) 11am-1pm Zoom

19/10 4 people supported each other



MCSG Maggie 26/12 (Tue) 2pm-4pm Paused for Christmas

Maggie Centre, Charing Cross Hospital, W6 8RF

28/11 9 people supported each other

